

# Fit4Kids Whole Food Nutrition Program

## Supplement Facts

Serving Size 1 Scoop ( 35.09 g)

Servings Per Container 15

Amount Per Serving		% Daily Value Children Under 4 Yrs of Age	4 years To Adult
<b>Calories</b>	130 kcal		
Calories from Fat	20 kcal		
<b>Total Fat</b>	2 g		
Saturated Fat	0 g		
<b>Cholesterol</b>	0 g		
<b>Sodium</b>	30 mg		
<b>Total Carbohydrates</b>	17 g		
Dietary Fiber	>1 g		
Sugars	15 g		
<b>Protein</b>	7 g	43%	14%
Vitamin A (from carrot)	2500 IU	109%	50%
Vitamin C (from acerola cherry)	45 mg	112%	75%
Vitamin E (from soy, sunflower, corn, grains, and seeds)	15 IU	75%	50%
Thiamin B1 (from yeast fermented with soy)	1 mg	142%	66%
Riboflavin B2 (from yeast fermented with soy)	1.2 mg	150%	70%
Niacin B3 (from yeast fermented with soy)	13 mg	144%	65%
Vitamin B6 (from yeast fermented with soy)	1.4 mg	140%	70%
Folic Acid (from yeast fermented with soy)	100 mcg	200%	25%
Vitamin B12 (from yeast fermented with soy)	1.4 mcg	200%	23%
Biotin (from yeast fermented with soy)	100 mcg	33%	33%
Pantothenic Acid (from yeast fermented with soy)	3.34 mg	33%	33%
Calcium (as lactate gluconate)	300 mg	37%	30%
Iron (as amino acid chelate)	5 mg	50%	27%
Iodine (from kelp)	75 mcg	107%	50%
Magnesium (as lactate gluconate)	60 mg	75%	15%
Zinc (amino acid chelate) †	5 mg	50%	33%
Selenium (as amino acid chelate) †	30 mcg	150%	42%
Manganese (as amino acid chelate) †	0.67 mg	33%	33%
Chromium (as amino acid chelate) †	120 mcg	100%	100%
Molybdenum (as amino acid chelate)	25 mcg	33%	33%
Whole Food Phytonutrient Complex (Carrot Juice, Organic Spinach Juice, Organic Broccoli Juice, Organic Kale Juice, Organic Parsley Juice, Stabilized Rice Bran, Broccoli Extract, OptiBerry® ††-Wild Blueberry (fruit) Extract, Strawberry (fruit) Powder, Cranberry (fruit) Powder, Wild Bilberry (fruit) Extract, Elderberry (fruit) and Raspberry (seed) Powder)	1110 mg	*	*
DHA Oil (from micro-algae oil, 40% DHA)	160 mg	*	*
Inulin (FOS)	50 mg	*	*
Tocotrienol (from rice oil)	5 mg	*	*

Grape Seed Extract (95% Proanthocyanidins)	15 mg	*
Grape Skin Extract (20% Polyphenols)	20 mg	*
Tomato Extract (5% standardized as Lycopene)	30 mg	*
Marigold Extract (5% standardized as Lutein)	15 mg	*
Proprietary Plant Enzyme Blend (Amylase, Amylase II, Protease I, Protease II, Peptidase, Lipase, Cellulase, Hemiseb TM, Lactase, Maltase, Invertase, and Bromelain)	100 mg	*
DDS-1 <i>Lactobacillus acidophilus</i>	87.5 mil CFU	*
<i>Bifidobacterium bifidum</i>	56 mil CFU	*
<i>Enterococcus faecium</i>	27.5 mil CFU	*
<i>Lactobacillus bulgaricus</i>	27.5 mil CFU	*
<i>Lactobacillus plantarum</i>	27.5 mil CFU	*
<i>Lactobacillus salivarius</i>	27.5 mil CFU	*
<i>Streptococcus thermophilus</i>	27.5 mil CFU	*
<i>Bifidobacterium infantis</i>	27.5 mil CFU	*
<i>Lactobacillus rhamnosus</i>	27.5 mil CFU	*
Boron (amino acid chelate) †	0.5 mg	*
Vanadium (amino acid chelate) †	3.34 mcg	*
*Daily Value not established.		
†† OptiBerry® brand antocyanin extract (patent pending).		

Other Ingredients: Sucrose, cocoa powder, fructose, whey protein isolate, natural vanilla, beet fiber, magnesium stearate-vegetable source, non-GMO soy lecithin, silicon dioxide-vegetable source, xanthum gum, maltodextrin, natural masking powder, orange oil and stevia.

†Amino Acid Chelates supplied by Albion Advanced Nutrition. Chelates covered by Albion International, Inc., U.S. Patents #4,599,152 and #4,830,716